









Enso Zen Circles Materials List

Instructors: Carolyn Letvin & Rina Naik

<p>1. Sumi Brush A #2 and # 6 or equivalent</p>	
<p>2. Sumi Ink "Black" smallest bottle</p>	
<p>3. Set of basic paint sets (primaries with white or black) in either watercolors or acrylics.</p>	
<p>4. Legion Yupo Medium Paper Pad, 7"x7" (white)</p>	
<p>5. Watercolor Paper 140LB Cold Press 6"x 8" Block, or equivalent</p> <ul style="list-style-type: none"> Recommended brand: "fluid" 	
<p>6. Printer paper (30 sheets)</p>	
<p>7. Elmer's Glue stick or equivalent</p>	
<p>8. Thin meat packing foam, 1 sheet</p>	
<p>9. Paper towels</p>	

10. Water containers	
11. Little container for Sumi ink	
12. Palette for either acrylics or watercolors, whichever media you choose	
<p>13. PAPERS for a PORTFOLIO (all available from Blick) <i>Students will choose <u>one sheet</u> of either a solid color <u>or</u> a subtle texture and pattern. If students choose to purchase a paper option that is 12" x 12" in size – you will need two of these sheets to complete the folder. See recommendations below:</i></p> <p>SOLID COLOR OPTIONS:</p> <ul style="list-style-type: none"> • Lama Li Lokta paper – \$4.80 each https://www.dickblick.com/products/lama-li-lokta-papers/ <p>SUBTLE TEXTURES AND PATTERNS OPTIONS:</p> <ul style="list-style-type: none"> • Thai Paper: <ul style="list-style-type: none"> ○ Lemon Grass – \$.99 https://www.dickblick.com/products/black-ink-lemon-grass-decorative-paper/ ○ Banana – \$.79 - \$6.39 https://www.dickblick.com/products/black-ink-thai-banana-paper/ ○ Marbled Mulberry – \$1.39 - \$6.99 https://www.dickblick.com/products/black-ink-thai-marbled-mulberry-papers/ ○ Mulberry Whimzy; Meadow Flowers – \$1.29 https://www.dickblick.com/products/black-ink-thai-mulberry-whimzy-decorative-paper/ • Silkscreened: <ul style="list-style-type: none"> ○ Terrazzo and others you may like – \$1.25 https://www.dickblick.com/products/black-ink-terrazzo-decorative-paper/ 	
<p>13. Mulberry Paper Scrap Pack – \$3.69 https://www.dickblick.com/products/black-ink-mulberry-paper-scrap-pack/</p>	

<u>For Meditation:</u> Please have a little blanket, comfy chair, socks, whatever makes you feel comfortable.	
Snack and water!	

You may want to have on hand some miscellaneous decorative items, like string, raffia, beads, buttons or pretty bling, that you may want to use to further decorate your portfolio cover.

Supply Resources:

Greg Dorrance Co.
Attleboro, MA 02703
(508) 222-6255

BLICK ART MATERIALS (curbside pickup available)
Providence, RI 02903
(401) 331-3780